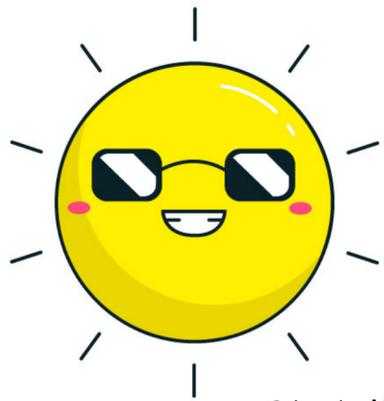


Ma météo intérieure

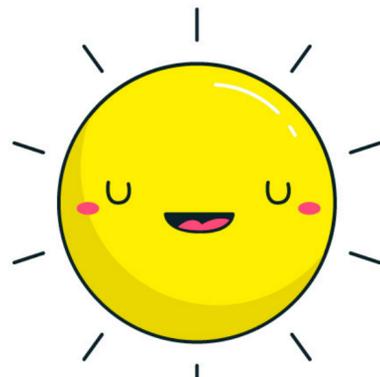
Que se passe-t-il en moi ?



Sérénité



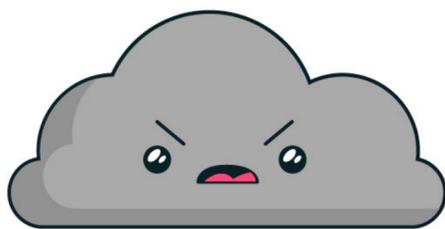
Peur



Joie



Tristesse



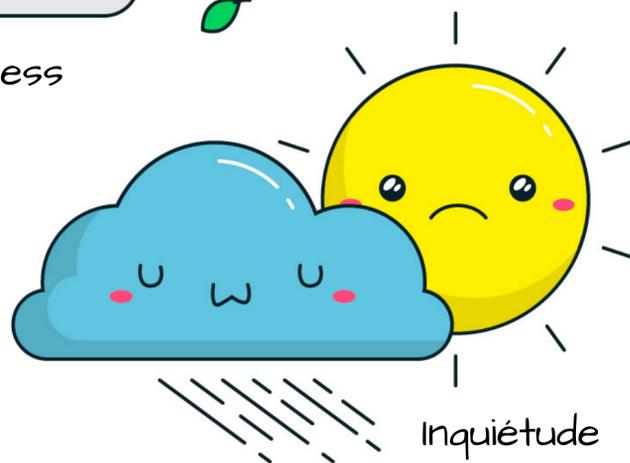
Colère



Stress



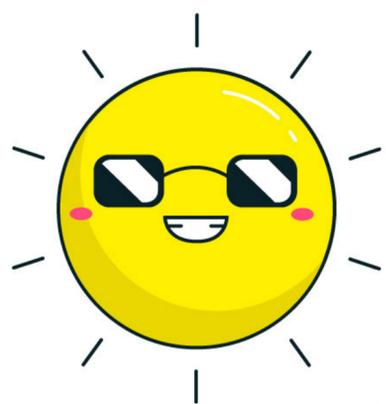
Optimisme



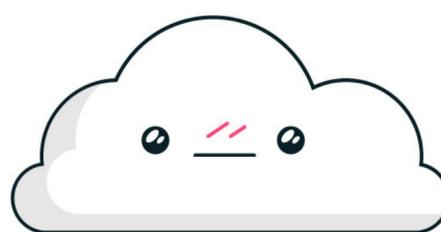
Inquiétude

Ma météo intérieure

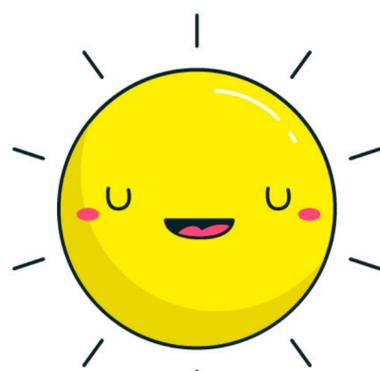
Que se passe-t-il en moi ?



Sérénité



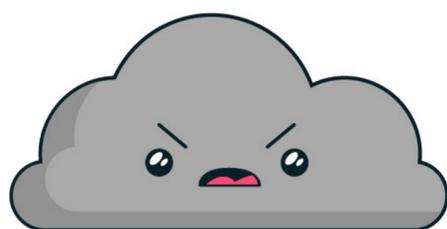
Peur



Joie



Tristesse



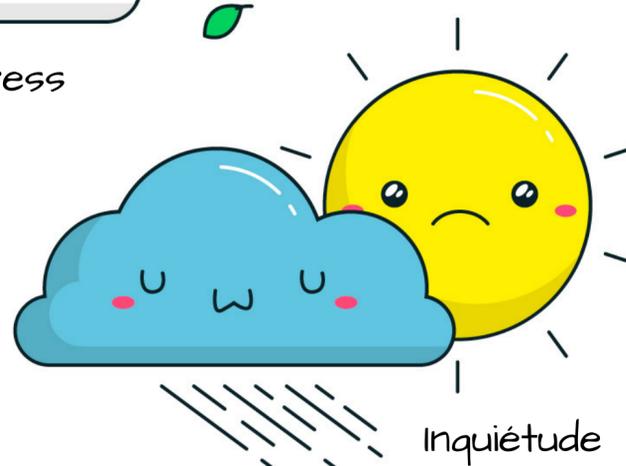
Colère



Stress



Optimisme



Inquiétude

Mes ressources intérieures



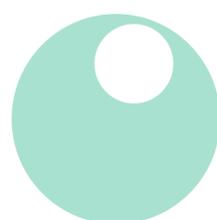
Papapluie protecteur



Amour



Lieu refuge



Bulle de calme



Méditation



Dire ce qu'on a sur le coeur



Dessiner